

Sue Shields

FACE AND BODY SPA FOR MEN & WOMEN

Beauty Collection Page 6

Pure Indulgence	£145.00	£166.50
Holiday Countdown	£95.00	£120.00
Rest, Relax and Revive	£92.25	£102.60
Absolute Spa Ritual	£84.00	
Muscle Melt	£68.85	
Detoxifying Spa Day	£103.95	
The Yummy Mummy Pamper Package	£86.40	£102.15
Pamper Parties	£60.00 per person	

Laser and IPL Hair Removal Page 7

Laser Hair Removal Treatment	from £60.00	
Bio Medical IPL and Laser	price on application	
Laser Red Vein (per 15 minutes appointment)	£60.00	
Consultation for above	Free	
Patch Test	£27.00	

Price Senior Therapist

Medi Spa Services

Colonic Irrigation	£60.00	
Tripollar Skin Tightening	from £100.00	
Botox and Collagen Clinics	from £175.00	
Physiotherapy (Consultation + Assessment)	£48.00	
Follow-up Treatment	£45.00	
Skin Tag Removal	from £45.00	
Semi-permanent Make-up	from £300.00	
Skin Rejuvenation – (Bio medical laser/IPL)	£85.00	

Elemis Facial Therapy Page 8

Elemis Visible Brilliance Facial	£55.00	
Elemis Pro-Collagen Quartz Lift Facial	£55.00	
Elemis Tri-Enzyme Peel	£55.00	
Cooling Hot Stones Body Facial	£55.00	

Elemis Body Therapy Page 9

Elemis Skin Specific Facials	£38.00	
Elemis Deep Tissue Muscle Massage	£38.50	
Elemis Deep Tissue Back Massage	£24.00	

Elemis Wraps and Exotics Pages 10-11

Elemis Fennel Cleansing Cellulite & Colon Therapy	£55.00	
Elemis Aroma Spa Ocean Wrap	£50.00	
Muscle Ease Aroma Spa Ocean Wrap	£50.00	
Cellutox Aroma Spa Ocean Wrap	£50.00	

Elemis Exotics

Exotic Lime & Ginger Salt Glow	£27.00	
Exotic Coconut Rub & Milk Ritual Wrap	£44.00	
Exotic Frangipani Body Nourish Wrap	£44.00	

The Clarins Touch Pages 12-13

Clarins Classics		
Personal Blend Aromatic Facial	£38.00	£40.50

	Price	Senior Therapist
The Clarins Touch Cont		
Signature Massage - "Chill Out" or "Wake Up"	£45.00	
Personal Blend Aromatic Body Massage	£37.50	£40.50
Personal Blend Aromatic Body Massage and Exfoliation	£43.00	£45.00
Personal Blend Exfoliation	£26.00	£29.00
Clarins Pro-Active Facials	£46.50	

The Clarins Spa Experience Pages 14-15

Fruit Salt Body Scrub	£37.00	
Detox Body Wrap	£38.00	
Clarins Blissful Blessings	£37.50	£41.50
Clarins Finishing Touches-Self Tan	£36.00	£39.00
Make-up Masterclass	£36.00	£40.00
Clarins Make-Over	£31.00	£35.00

Make- up Page 15

Jane Iredale Mineral Make-Over	£35.00	£39.00
Jane Iredale Make-Over Masterclass	£38.00	£42.00
Wedding Make-up Trial & On the Day	£50.00	£55.00

Guinot Facials Pages 16-17

Lift Express	£43.00	
Lift Express – Course of 10	£387.00	
Lift Deluxe	£57.00	
Lift Express with Hydradermie	£65.00	
Lift Express with Hydra Plus	£82.00	
Hydradermie	£40.75	
Hydra Plus	£57.00	
Hydradermie Lightening Facial	£39.00	
Hydradermie Eye Lift	£42.50	
Hydradermie Back Treatment	£36.00	
Liftosome Energy Treatment	£41.00	
Beauté Neuve Peeling Facial	£39.00	

	Price	Senior Therapist
Anti- Ageing Pages 18-19		
Stay Young Non-Surgical Face Lift	£38.60	
Stay Young Non-Surgical Face Lift – Course of 10	£347.00	
Stay Young Indulgence	£60.00	
Stay Young for the eyes	£22.00	
Stay Young for the eyes – Course of 6	£118.00	
Collagen Facial	£47.00	
Collagen Facial – Course of 3	£126.90	
Intense Pulse Light Therapy (IPL)	£85.00	
Bio-Brasion Crystal Skin Peeling	£32.60	
Bio-Brasion – Course of 10	£293.40	
Skin Analysis plus Diagnosis	£25.00	
Slimming and Toning Pages 20-21		
The Universal Contour Wrap	£51.50	
The Universal Contour Wrap – Course of 3	£139.00	
Endermologie Treatment Consultation	Free	
Endermologie Individual Treatment	£47.00	
Endermologie Course of 14	£590.00	
Holistic and Alternative Therapies Pages 22-23		
Body Massage	£32.00	£36.50
Back, Neck & Shoulder Massage	£18.50	£22.00
Aromatherapy Face and Body Massage	£38.50	£43.50
Aromatherapy Back, Neck and Shoulder Massage	£21.00	£25.50
Aroma Stone Massage	£45.00	£50.00
Aroma Stone Back, Neck and Shoulder Massage	£27.50	£29.50
Hydrotherm Massage	£45.00	
Reflexology	£30.50	£34.00
Indian Head Massage	£26.00	£30.00
Bowen Therapy	£38.00	
Reiki 1/2 ^{hr.}	£25.00	
Reiki 1 ^{hr.}	£38.00	

	Price	Senior Therapist
Beautiful Nails, Hands and Feet Too Pages 24-25		
Nailtiques Luxury Manicure	£22.00	£30.00
File and Polish	£10.00	£15.00
French Polish Hands or Feet	£4.00	£7.00
Paraffin Wax Hands or Feet	£6.00	£9.00
Little Miss Manicure (16 years or below)	£15.00	£20.00
Sole Survivor	£29.50	£35.00
The Ultimate Pedicure	£36.50	£42.00
Sixtus Foot Treatment (Polish not included)	£36.50	£42.00
Sixtus Foot Treatment (Polish included)	£40.00	£45.00
The Nail Haven Bar		
Full Set of Nail Extensions	£40.00	£45.00
Full Set of Overlays	£28.50	£30.00
Infills	£20.00	£22.00
Infills and Backfills	£26.00	£28.50
Single Repair	£3.50	£5.50
Single Nail	£4.50	£6.50
Permanent Colour on Toes	£29.50	£32.00
Permanent Colour on Toes and Mini Sole Survivor	£38.50	£43.00
Soak Off	£12.00	£15.00
Soak Off and Maintenance	£19.50	£23.50
Soak Off plus Gel Overlays	£34.00	£36.50
Soak Off plus Full Set of Nail Extensions	£47.00	£50.00
Gems & Nail Art	from £3.00	
Essentials Pages 26-27		
Waxing		
Full Leg	£24.70	£30.00
Full Leg and Bikini	£30.50	£37.50
Half Leg	£15.70	£20.50
Half Leg and Bikini	£25.00	£28.50
Underarm or Bikini	£9.50	£11.50
Back, Chest or Arm Wax	from £13.00	£16.00

	Price	Senior Therapist
Essentials Cont		
Lip Wax or Chin Wax	£6.50	£7.40
Lip Wax and Chin Wax	£11.00	£13.50
Brazilian Wax – using a specialised wax	£34.00	£38.00
Forearm Wax	£10.50	£13.60
Eyecare		
Eyelash Perming	£34.50	£39.50
Eyelash Tinting	£11.75	£15.50
Brow Tint	£5.70	£7.70
Lash and Brow Tint	£16.50	£21.00
Eyebrow Shaping	£7.60	£10.00
Jinnylash		
Eyelash Extensions	£85.00	
Infills	£35.00	
Party Lashes	£35.00	
Fake Bake Tanning Treatments		
Full Body Tan	£40.00	£42.50
Legs and Arms Tan	£18.50	£20.00
Hair Removal		
Transdermal Electrolysis 0-15 mins	£14.70	£16.80
Transdermal Electrolysis 20 mins	£17.85	£20.00
Transdermal Electrolysis 25 mins	£21.00	£23.00
Transdermal Electrolysis 30 mins	£23.00	£25.00
Transdermal Electrolysis 35 mins	£27.00	£29.50
Transdermal Electrolysis 35-40 mins	£31.00	£32.50
Milia (Removal of whiteheads)	£12.00	£15.00
Ear Piercing – Including Ear Solution & Gold Plated Earrings (from 6 yrs upwards)	£11.50	

Sue Shields Face and Body Spa 60 Lancaster Road Carnforth Lancashire LA5 9LE

Telephone 01524 720369 www.sueshields.co.uk

Monday-Thursday 9am to 8pm Friday 9am to 6pm Saturday 9am to 5pm Sunday Closed