

Sue Shields' Winter Packages



Winter Rescue

Take a break from your Winter Blues.
Treat yourself to:

- * A full body Salt Scrub £26
- * Followed by a Warm Oil Massage £32
- * Then drift away with a Floating Facial £38

Total £96.00 – Yours for only £77

2.5 hours of pure indulgent escapism – regenerate, revitalize and renew your energy!

Special Offer

Endermologie Lipomassage £15 off,
now **£32** (normally £47)

Lashes all the Way

Be a head turner this Christmas and enhance your eyes with...

- * Party Lash Extensions £35
- * Eyelash and Brow Tint £11
- * Plus a FREE eyebrow shape – all yours for only £46

Who needs mistletoe when you have starry eyes?

Other Treatments



Do you suffer with back problems, sciatica, carpal tunnel or have an old injury which is causing you problems? We have just the right person for you. Sarah Stanicks, our highly qualified specialist in sports & injury massage is here to help. She holds clinics twice a month for men and women so why not let her ease your pain. She charges £45 per hour or £35 per half hour.

Also joining our Medispa team is Julie Harwood, our Chiroprapist. She is here to help with any foot problems, corns, callous, problem nails, hard skin etc. For only £32 you can get the bounce back in your step!

Now here at Sue Shields

Our mole removal clinic.
Book in for your free consultation

New Year New You!



If you've indulged in too many mince pies over the festive period, why not book in for one of our amazing 'feel good' packages:

Re-energise, Re-vitalize, Re-new You

- * 7 Endermologie lipomassage treatments
- * 3 colonic hydrotherapy treatments
- + 1 month's free pro-biotic treatment (worth£20)
– to give you that extra energy boost

Special package price £450

Then there's our...

'4 for 3' Pick & Mix

Pick & mix and receive the lowest priced treatment free:

- * Make-over
- * Body exfoliation
- * Clarins facial
- * Clarins body wrap
- * Fake Bake Spray Tan
- * Pro active facial
- * Indian head massage
- * Aromatherapy face & body massage
- * Signature massage
- * Luxury Manicure
- * Ultimate Pedicure

Monday – Thursday	9am to 8pm
Friday	9am to 6pm
Saturday	9am to 5pm
Sunday	Closed

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Sue Shields

FACE AND BODY SPA FOR MEN & WOMEN

Our News

As always it's been a busy year for us so far here at Sue Shields so we thought we would update you on all the happenings over this year.

We have been very busy launching our new guided tour DVD in the salon, which gives an insight into the tranquil world of Sue Shields. This year we have attended many community and charity events, prom fairs, wedding fairs and ladies' evenings, to provide talks, demonstrations and give advice on skincare and make-up. If you are involved in any forthcoming events or social evenings and would be interested in our support please contact Jo or Kim at the salon.

Within the Salon we have launched many new products from Clarins, Elemis and Guinot as well as introducing a brand new skincare range to the Medispa called Priori. The Priori skincare range uses the latest AHA technologies and state of the art ingredients to enhance product results. Benefits of these advanced cosmeceuticals include; multi-depth skin exfoliation, increased moisture levels in the skin, stimulating collagen and elastin, minimizing fine lines and wrinkles. It is ideal for problem prone skin and recurring acne as well as revitalizing dry, mature and sun damaged skin. The comprehensive range of products is designed for all skin types and conditions and also includes professional treatments to provide maximum, accelerated anti-ageing benefits. If these products are of interest to you please book in for a FREE consultation in our medispa with either Catherine or Linzi. Also now available in the medispa is skin tag removal with our semi-permanent make-up specialist Michelle.

We would like to say Congratulations to Vicky and Pete on the safe arrival of their new little bundle of joy. Samuel James was born on 30th October weighing 8lbs 7ozs. Both mother and baby are doing really well. Also congratulations to Jo and Carol on the news that they are soon to become mummies themselves.

Due to the recent Sue Shields baby boom we have been recruiting new staff and would like to take this opportunity to give a warm welcome to Caroline and Eleanor – the latest additions to the Sue Shields therapy team. Caroline has been working for Clarins in one of their skin spas in Scotland so if you are a lover of all things Clarins, she is your girl! Eleanor joins us from an Elemis Salon near Ulverston so again you faithful Elemis ladies are welcome to pick her brains anytime. Eleanor also has experience in gel nails and eyelash extensions so if you have always fancied natural, longer thicker lashes then why not book in and have these fantastic semi permanent lashes. Oh, Carla's now trained in Guinot, and Eleanor and Linzi have had the latest training in Endermologie so, if you want to squeeze into your LBD, why not book in for a half hour free taster treatment?

Thank you! From all the Girls at Sue Shields

Christmas is Coming...

Join us on Thursday 17th December from 9am to 8pm for our festive Christmas shopping days. Indulge yourself with a glass of mulled wine and a mince pie whilst browsing the many elegant, gorgeous gifts on offer at prices to suit everyone. There will be special offers, discounts and free luxury gift wrapping service and not forgetting the live music.

This year, vouchers ordered to the value of £250 or more will have an extended validity date of one year instead of six months. If you're wanting a Christmas voucher, why not save yourself a little time by buying now? We'll date it for Christmas so you don't lose any time on it and get the full six months. We'll even gift wrap it for you and go that bit further so you don't have to!

If you want to indulge a loved one and are looking for a present with a difference then why not treat him or her to a year of pampering.

They can enjoy a lovely relaxing treatment each month, receive a bag of goodies to take home and get exclusive pre views of brand new products, special offers and events. If you're now thinking 'wow, that's just what I need' then why not treat yourself too!

One-year Package your monthly pamperings

The package includes the following treatments:

- * Detox wrap
- * Luxury manicure
- * Ultimate pedicure
- * Clarins personal facial
- * Body exfoliation
- * Indian head massage
- * Reflexology
- * Clarins make-over
- * Clarins pro active facial
- * Spray tan
- * Warming hot stone massage
- * Aromatherapy face & body massage

Cost £350 (please see terms & conditions below)

Or how about our six month pampering package?:

Six-month Package

The package includes the following treatments:

- * Aromatherapy face & body massage
- * Ultimate pedicure
- * Clarins make-over
- * Body exfoliation
- * Clarins personal blend facial
- * Indian head massage

Cost £175 (please see terms & conditions below)

Terms & conditions:

These packages are valid for one year or six months from the purchase date. Treatments must be taken monthly and are non refundable and cannot be interchanged unless under medical circumstances. Treatments must be taken by the client who is registered for the package.